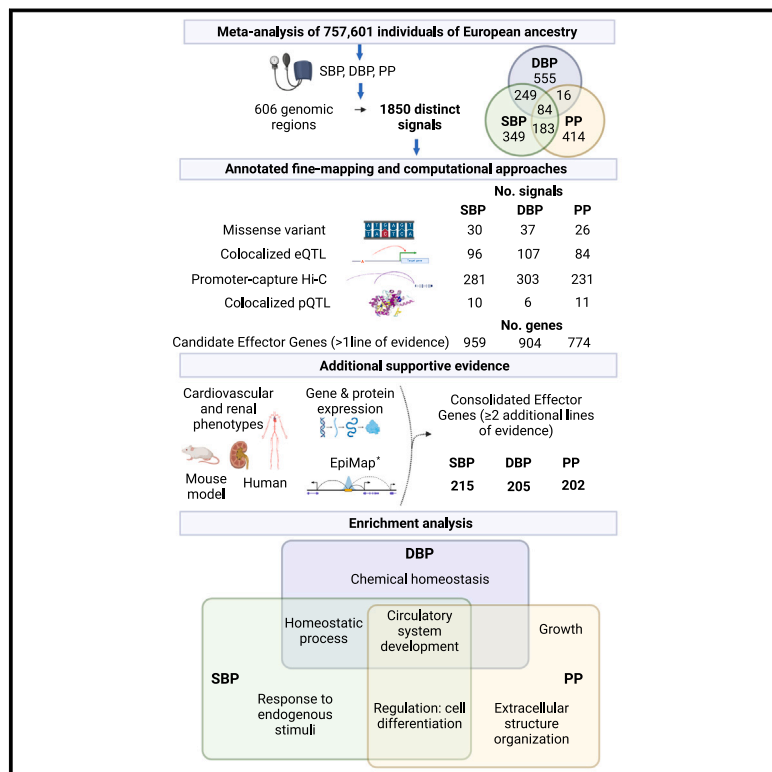


Integration of genetic fine-mapping and multi-omics data reveals candidate effector genes for hypertension

Graphical abstract



Authors

Stefan van Duijvenboden,
Julia Ramírez, William J. Young, ...,
Christopher G. Bell, Andrew P. Morris,
Patricia B. Munroe

Correspondence

andrew.morris-5@manchester.ac.uk
(A.P.M.),
p.b.munroe@qmul.ac.uk (P.B.M.)

Genomic and epigenomic annotation-informed statistical fine-mapping of blood-pressure-associated SNVs was performed to identify coding and regulatory pathogenic variants. Integration of these data with further multi-omic and target gene prediction analyses, as well as model organism evidence, delineated a defined set of 436 blood pressure candidate effector genes.

Integration of genetic fine-mapping and multi-omics data reveals candidate effector genes for hypertension

Stefan van Duijvenboden,^{1,2,3,12} Julia Ramírez,^{1,4,5,12} William J. Young,^{1,6} Kaya J. Olczak,¹ Farah Ahmed,¹ Mohammed J.A.Y. Alhammedi,⁷ International Consortium of Blood Pressure,¹¹ Christopher G. Bell,^{1,13} Andrew P. Morris,^{8,9,13,*} and Patricia B. Munroe^{1,10,13,*}

Summary

Genome-wide association studies of blood pressure (BP) have identified >1,000 loci, but the effector genes and biological pathways at these loci are mostly unknown. Using published association summary statistics, we conducted annotation-informed fine-mapping incorporating tissue-specific chromatin segmentation and colocalization to identify causal variants and candidate effector genes for systolic BP, diastolic BP, and pulse pressure. We observed 532 distinct signals associated with ≥ 2 BP traits and 84 with all three. For >20% of signals, a single variant accounted for >75% posterior probability, 65 were missense variants in known (*SLC39A8*, *ADRB2*, and *DBH*) and previously unreported BP candidate genes (*NRIP1* and *MMP14*). In disease-relevant tissues, we colocalized >80 and >400 distinct signals for each BP trait with *cis*-eQTLs and regulatory regions from promoter capture Hi-C, respectively. Integrating mouse, human disorder, gene expression and tissue abundance data, and literature review, we provide consolidated evidence for 436 BP candidate genes for future functional validation and discover several potential drug targets.

Introduction

Elevated blood pressure (BP) or hypertension affects over 1 billion people and is one of the most important risk factors for cardiovascular disease (CVD), leading to significant mortality and morbidity worldwide.¹ It is estimated to cause more than 10 million deaths per year.² Approximately 95% of hypertension cases are referred to as primary or essential hypertension and genetics contributes up to 50% of BP variance,³ the remainder due to lifestyle influences. Genome-wide association studies (GWASs), bespoke targeted arrays (Cardio Metabochip), and Exome-array wide association studies (EAWASs) have been deployed across samples of diverse ancestries from consortia (International Consortium for BP) and large biobanks (UK Biobank,⁴ Million Veteran's Program,⁵ Biobank Japan,⁶ Korean Association Resource⁷). These studies have led to the identification of over 1,000 BP-associated loci, with both common and rare variant associations reported.^{8–13} However, for most of these loci, the effector genes and relevant biological processes through which BP associations are mediated have yet to be characterized. Here, we use published GWAS meta-analysis summary statistics ($n > 757,000$) for

systolic BP (SBP), diastolic BP (DBP), and pulse pressure (PP)⁸ to perform fine-mapping of causal variants at BP loci. Through the integration of GWASs with tissue-specific epigenomic annotations, colocalization of BP associations with expression quantitative loci (eQTLs) and protein quantitative loci (pQTLs), and Hi-C promoter interaction data, we identify consolidated effector genes and causal pathways and assess their potential for drug target identification or repurposing opportunities.

Material and methods

Study data and detection of distinct association signals

We utilized summary statistics from previously reported GWAS meta-analyses of BP traits in up to 757,601 individuals of European ancestry from the International Consortium of Blood Pressure and UK Biobank⁸ (ICBP+UKBB). Each contributing GWAS had been imputed up to reference panels from the 1000 Genomes Project^{14,15} and/or Haplotype Reference Consortium.¹⁶ After quality control, meta-analysis association summary statistics for SBP, DBP, and PP were reported for 7,088,121, 7,160,657, and 7,088,842 single-nucleotide variants (SNVs), respectively. An overview of the study design is provided in [Figure S1](#).

¹William Harvey Research Institute, Barts and the London Faculty of Medicine and Dentistry, Queen Mary University of London, EC1M 6BQ London, UK; ²Institute of Cardiovascular Science, University College London, London, UK; ³Nuffield Department of Population Health, University of Oxford, Oxford, UK; ⁴Aragon Institute of Engineering Research, University of Zaragoza, Zaragoza, Spain; ⁵Centro de Investigación Biomédica en Red – Bioingeniería, Biomateriales y Nanomedicina, Zaragoza, Spain; ⁶Barts Heart Centre, St Bartholomew's Hospital, EC1A 7BE London, UK; ⁷Khalifa University, Abu Dhabi, United Arab Emirates; ⁸Centre for Genetics and Genomics Versus Arthritis, Centre for Musculoskeletal Research, The University of Manchester, Manchester, UK; ⁹National Institute of Health and Care Research, Manchester Biomedical Research Centre, Manchester University NHS Foundation Trust, Manchester Academic Health Science Centre, Manchester, UK; ¹⁰National Institute of Health and Care Research, Barts Cardiovascular Biomedical Research Centre, Queen Mary University of London, EC1M 6BQ London, UK

¹¹Further details can be found in the [supplemental information](#)

¹²These authors contributed equally

¹³These authors contributed equally

*Correspondence: andrew.morris-5@manchester.ac.uk (A.P.M.), p.b.munroe@qmul.ac.uk (P.B.M.)

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We began by considering autosomal lead SNVs that have been reported at genome-wide significance (variable threshold according to study design) for SBP, DBP, or PP in previously published GWASs of BP traits, which we have collated and are summarized in the recent review by Magavern and colleagues.¹³ We initially defined genomic regions as mapping 500 kb up- and downstream of each lead SNV. However, where genomic regions overlapped, we combined them as a single genomic region to account for potential linkage disequilibrium (LD) between previously reported lead SNVs. Genomic regions that did not attain genome-wide significance ($p < 5 \times 10^{-8}$) in the ICBP+UKBB meta-analysis for any BP trait were not considered for downstream interrogation. We then performed approximate conditional analyses using GCTA-COJO¹⁷ to detect distinct association signals at each genomic region for each BP trait separately with European ancestry haplotypes from the 1000 Genomes Project (Phase 3, October 2014 release)¹⁴ as a reference for LD. Within each genomic region, variants attaining genome-wide significance ($p < 5 \times 10^{-8}$) in the joint GCTA-COJO model were selected as index SNVs for distinct association signals.

We next assessed the evidence that distinct association signals for SBP, DBP, and PP were shared across multiple BP traits. At each genomic region, distinct association signals for two traits were considered to be the same if (1) the index SNVs were the same for both traits; (2) the index SNVs were colinear in the joint GCTA-COJO models for each trait after including the index SNV for the other trait in the model; or (3) the p value of the index SNV for one trait increased to $p > 0.05$ after including the index SNV for the other trait in the model, and the p value of the index SNP for the other trait increased to $p > 0.0001$ for the corresponding reciprocal conditioning.

Enrichment of BP associations for genomic annotations

We used functional GWAS (fGWAS)¹⁸ to identify genomic annotations enriched for SBP, DBP, or PP association signals. We considered a total of 253 functional and regulatory annotations derived from (1) genic regions (protein coding exons, 3' UTRs and 5' UTRs) as defined by the GENCODE Project¹⁹ and (2) chromatin state predictions of promoters and enhancers across 125 tissues from the Roadmap Epigenome Consortium²⁰ implemented in Epilogos (<https://epilogos.altius.org/>). For each BP trait separately, we used a forward-selection approach to derive a joint model of enriched annotations. At each iteration, we added the annotation to the joint fGWAS model that maximized the improvement in the penalized likelihood. We continued until no additional annotations improved the fit of the joint model ($p < 0.00020$, Bonferroni correction for 253 annotations).

Fine-mapping distinct association signals for BP traits

For each trait, we began by approximating the Bayes' factor (BF), A_{ij} , in favor of association of the j th SNV at the i th distinct association signal by using summary statistics from the ICBP+UKBB meta-analyses. Specifically,

$$A_{ij} = \exp \left[\frac{D_{ij} - \ln K_{ij}}{2} \right],$$

where $D_{ij} = b_{ij}^2/v_{ij}$ and b_{ij} and v_{ij} are the allelic log-OR and corresponding variance, respectively, across K_{ij} contributing GWASs to the ICBP+UKBB meta-analysis (here $K_{ij} = 2$).²¹ At genomic regions with a single association signal, b_{ij} and v_{ij} were taken from the unconditional meta-analysis. However, for genomic regions

with multiple association signals, b_{ij} and v_{ij} were taken from the joint GCTA-COJO model, conditioning on the index SNVs for all other signals at the locus. The posterior probability for the j th SNV at the i th distinct signal, was then given by $\pi_{ij} \propto \gamma_j A_{ij}$, where γ_j is the relative prior probability of causality for the j th SNV. We considered an annotation-informed prior model, for which $\gamma_j = \exp \left[\sum_k \hat{\beta}_k z_{jk} \right]$, where the summation is over the enriched annotations, $\hat{\beta}_k$ is the estimated log-fold enrichment of the k th annotation from the final joint fGWAS model, and z_{jk} is an indicator variable taking the value 1 if the j th SNV maps to the k th annotation and 0 otherwise. Finally, we derived a 99% credible set²² for the i th distinct association signal by (1) ranking all SNVs according to their posterior probability π_{ij} and (2) including ranked SNVs until their cumulative posterior probability attains or exceeds 0.99. For comparison, we also calculated the posterior probability for the j th SNV at the i th distinct signal under a uniform prior model for which $\gamma_j \propto 1$.

High-confidence SNV gene set enrichment analysis

We used Genomic Regions Enrichment of Annotations Tool (GREAT) v.4.0.4²³ to explore the potential biological impact of high-confidence SNVs. A high-confidence variant was defined as a single SNV that accounted for more than 75% of the posterior probability of driving the BP association under the annotation-informed prior. The default GREAT association parameters for gene-regulatory domains (proximal 5 kb upstream, 1 kb downstream, plus distal up to 1 Mb) were used and curated regulatory domains included. Input was SNV BED files for each of the three traits (SBP $n = 208$, DBP $n = 224$, and PP $n = 158$). GREAT analysis included gene ontology (GO) biological processes, human phenotype, mouse phenotype, and knockout data.

Functional annotation

We use variant-effect predictor (VEP) analysis to identify missense variants and queried their overlap with high-confidence causal variants from the credible set analysis (https://grch37.ensembl.org/Homo_sapiens/Tools/VEP).²⁴

Transcription-factor-binding motif analysis

We used the Transcription Factor Affinity Prediction (TRAP) v.3.0.5²⁵ multiple sequences option to explore any enrichment for transcription-factor (TF)-binding motifs within the high-confidence non-coding variants for each of the three traits (SBP $n = 178$, DBP $n = 187$, and PP $n = 137$). Sequences around each non-coding SNV were expanded to ± 10 bp (via AWK) and the FASTA sequence extracted (hg19) via the BEDtools v.2.30.0 command `getfasta`.²⁶ The Transfac 2010.1 Vertebrate matrix set was interrogated with human_promoter set as background model and the results were required to pass a Benjamini-Hochberg multiple-testing correction.

Colocalization with eQTLs in BP-relevant tissues

We performed a Bayesian statistical procedure to assess whether our annotation-informed GWAS fine-mapping colocalized with eQTL signals. We selected eQTL tissues relevant for blood pressure from the publicly available eQTL results from GTEx version 8.²⁷ The tissue selection was informed by tissue enrichment analysis from prior GWAS (adipose, adrenal gland, artery, and heart^{8,12}) and biological mechanisms known to regulate BP (kidney cortex, nerve, and brain). The annotation-informed BF in favor of

association of the j th SNV at the i -th distinct association signal was defined as

$$A_{ij}^* = \pi_{ij} \sum_j A_{ij}.$$

In this expression, π_{ij} is the annotation-informed posterior probability and A_{ij} is the BF defined above. We lifted GWAS results from hg19 to hg38 by using the UCSC liftOver tool²⁸ to allow direct comparison with the hg38 eQTL data. We undertook colocalization by using the annotation-informed BF with the Coloc software package in R,²⁹ only for those signals for which a 99% credible set variant was the lead eQTL SNV.

Single-cell RNA sequencing dataset analysis

We used the CellSxGene single cell dataset³⁰ to explore patterns of single-cell RNA sequencing expression data for BP effector genes indicated from our colocalized eQTLs. We used the following human datasets: fetal adrenal tissue³¹; adult kidney³²; adult heart³³; adult brain including cerebellum, cortex, hypothalamus, hippocampus, and substantia nigra; and adult adipose including subcutaneous and visceral adipose (donors were healthy or type 2 diabetic, with BMI range 23–60). From the obtained single-cell mRNA expression data, we calculated cell-specific expression for each gene as the ratio of each cell-type expression to the total expression across all cell types. This analysis was conducted separately for each tissue. Genes with a relative expression of more than 75% were selected for presentation of cell-type-specific expression.

Long-range chromatin interaction (Hi-C) analyses

We identified potential target genes of regulatory SNVs by using long-range chromatin interaction (Hi-C) data from tissues and cell types relevant for blood pressure regulation (adrenal gland, left and right heart ventricles, hippocampus, and cortex).³⁴ Hi-C data are corrected for genomic biases and distance with the Hi-C Pro and Fit-Hi-C pipelines according to Schmitt et al. (40 kb resolution—correction applied to interactions with 50 kb–5 Mb span).³⁵ We selected the most significant promoter interactions for all potential regulatory SNPs (RegulomeDB score ≤ 3) that were included in the 99% credible sets and report the interactors with the SNVs of highest regulatory potential to annotate the signals.

Colocalization with pQTLs in plasma

Using the same Bayesian statistical approach as performed for eQTL colocalization, we assessed whether our annotation-informed GWAS fine-mapping colocalized with *cis*-pQTL results using plasma protein concentration summary statistics from a study using 4,907 aptamers (SomaScan v.4 assay) in 35,559 Icelanders.³⁶ Colocalization was performed with the annotation-informed BF with the R Coloc software package,²⁹ only for signals for which a 99% credible set variant was the lead *cis*-pQTL SNV.

Collation of evidence for effector BP genes

A full list of candidate genes for each BP trait was collated from the results of our fine-mapping pipeline and computational approaches. A gene was indicated for a signal if there was support from a coding and high-confidence variant in the gene at the locus or if the gene was indicated from eQTL or pQTL colocalization or Hi-C analyses. To refine the list of candidate genes, we next collated additional information for each gene by using data from GeneCards (<https://genealacart.genecards.org>).³⁷ This included

(1) a mouse model from Mouse Genome Informatics (MGI), which has a cardiovascular or renal phenotype, and (2) a cardiovascular, vascular, or renal phenotype described for the candidate gene in the Human Phenotype Ontology database. We also included (3) differential RNA expression of the candidate gene in the GTEx database in cardiovascular, vascular, or renal tissues, but only genes with fold changes > 4 in a tissue were selected. In addition, we included (4) differential protein abundance of the candidate gene based on 69 integrated normal proteomics datasets in HIPED (the Human Integrated Protein Expression Database). Genes with a fold change value of >6 and protein abundance value of >0.1 PPM in an anatomical site were selected. Finally, we included (5) the consistent tissue and target gene results from EpiMap (Table S18). The consolidated effector candidate genes for each BP trait were selected if there were at least two additional lines of evidence.

Consolidated effector gene pathway analysis

We used the Gene2Function analysis tool in FUMA (v.1.4.0) to perform gene set enrichment and identify significantly associated GO terms and pathways.³⁸ Hypergeometric tests were performed to test whether genes were over-represented in any predefined gene set and multiple testing correction was performed per category. The gene sets used are from MsigDB (<https://www.gsea-msigdb.org/gsea/msigdb>) and WikiPathways (<https://www.wikipathways.org/>) and genes from the GWAS catalog (<https://www.ebi.ac.uk/gwas/>). The analysis included the consolidated effector genes only. The analysis was conducted for all BP traits, and we report results with adjusted p values < 0.05 . Redundant GO terms were removed via the Reduce and Visualize Gene Ontology (REVIGO) web application.³⁹ REVIGO uses a hierarchical clustering method to remove highly similar terms, incorporating enrichment p values in the selection process. Default settings (dispensability cut off < 0.7) were used in this analysis.

Druggability of consolidated effector genes

To identify candidate druggable targets, we performed a look-up in a previously published database of the druggable genome developed by Finan et al.⁴⁰ This list contains protein-coding genes categorized into three tiers: tier 1 are targets of approved drugs and some drugs in clinical development, including targets of small molecules and biotherapeutics; tier 2 are proteins closely related to drug targets or associated with drug-like compounds ($\geq 50\%$ shared protein sequence identity); tier 3 includes extracellular proteins and members of key drug target families in tier 1 (e.g., G protein-coupled receptors). To identify potential opportunities for drug repurposing, we performed a look-up of each BP-consolidated effector gene in tier 1 to identify existing drug targets (<https://www.genome.jp/kegg/genes.html>). Primary targets of antihypertensives were also identified via the KEGG drug database (<https://www.genome.jp/kegg/drug/>). We subsequently interrogated the open targets database to identify disease associations with each gene to identify potential overlap that could indicate promising drug targets. Target, drug, and disease association data were downloaded from the platform (<https://platform.opentargets.org/downloads>). Open Targets calculates association scores to capture the data type (e.g., gene level) and source, to aggregate evidence for an association, by calculating the harmonic sum with a weighted vector of data source scores. This sum is divided by the maximum theoretical value, resulting in a score

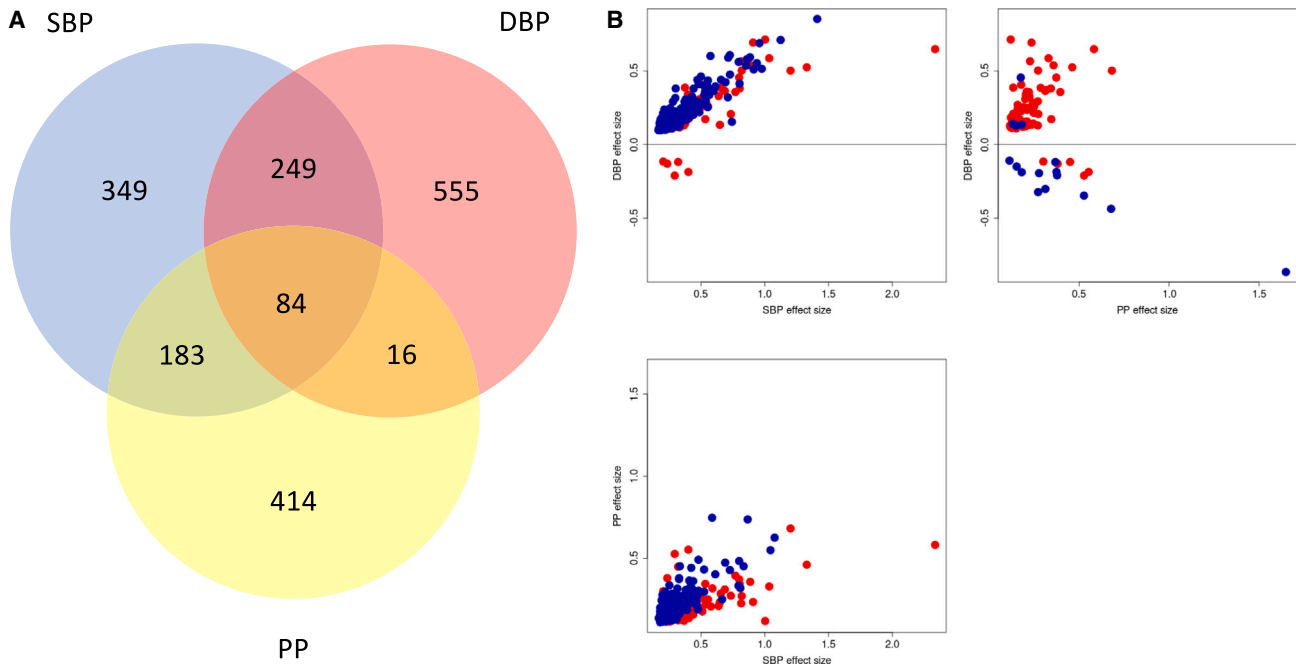


Figure 1. Overlap of 1,850 distinct signals attaining genome-wide significant evidence of association with SBP, DBP, and PP in meta-analysis of BP GWAS in up to 757,601 individuals of European ancestry

(A) Venn diagram showing the number of signals shared across BP traits. Sharing of signals across traits is much more common between SBP and DBP or SBP and PP, with just 16 associations shared between only DBP and PP.

(B) Comparison of allelic effect sizes on SBP, DBP, and PP for the index SNV at the 532 distinct association signals that are shared across multiple BP traits. The effect has been aligned to the SBP- or PP-increasing allele for the signal. Blue points correspond to the 448 association signals that are shared across exactly two BP traits, whilst red points correspond to the 84 association signals that are shared across all three BP traits. When signals are shared between SBP and PP, the direction of effect of the index SNV on the traits is always concordant.

between 0 and 1. To identify enrichment of candidate effector genes in clinical indication categories and potentially re-positional drugs, we utilized the Genome for Repositioning drugs (GREP) software.⁴¹ GREP performs a series of Fisher's exact tests to identify enrichment of a gene set in genes targeted by a drug in a clinical indication category (Anatomical Therapeutic Chemical Classification System [ATC] or International Classification of Diseases 10 [ICD10] diagnostic codes).

Results

Identification of BP loci and signals

We considered a total of 650 genomic regions encompassing previously reported lead SNVs for SBP, DBP, or PP (**material and methods**). Of these, lead SNVs at 606 loci attained genome-wide significance ($p < 5 \times 10^{-8}$) for at least one BP trait and were considered for fine-mapping (**Table S1**). Through approximate cross-trait conditional analyses (**material and methods**), we partitioned BP associations at the 606 genomic regions into a total of 1,850 distinct signals that were associated with at least one BP trait at genome-wide significance (**Figure 1** and **Table S2**). Of these signals, 532 were associated with at least two BP traits (333 with SBP and DBP, 267 with SBP and PP, and 100 with DBP and PP) and 84 were associated with all three traits. The only discordancy in direction of effect was for 17

of the 100 signals shared across DBP and PP, where the DBP increasing allele was the PP decreasing allele).

The cross-trait approximate conditional analyses revealed several genomic regions with complex patterns of associations with SBP, DBP, and PP (**Table S2**). For six genomic regions, more than 20 distinct signals of association were observed for at least one BP trait. The most complex associations were observed across (1) a 6.4 Mb region of chromosome 17, encompassing previously reported loci that include *PLCD3*, *GOSR2*, *HOXB7*, *ZNF652*, and *PHB1* (locus ID 576, 37 distinct signals); (2) a 5.8 Mb region of chromosome 10, encompassing previously reported loci that include *PAX2*, *CYP17A1*, *NT5C2*, and *OBFC1* (locus ID 403, 34 distinct signals); and (3) the major histocompatibility complex region of chromosome 6 (5.7 Mb, locus ID 251, 32 distinct signals) that encompasses previously reported loci that include *PRRC2A*, *ABHD16A*, and *HLA-DQB1*.

Fine-mapping and genomic annotation reveals high-confidence causal variants for BP traits

Previous studies have demonstrated that improved localization of causal variants driving association signals for complex human traits can be attained by integrating GWAS summary statistics with genomic annotation.⁴² By mapping SNVs to functional and regulatory annotations

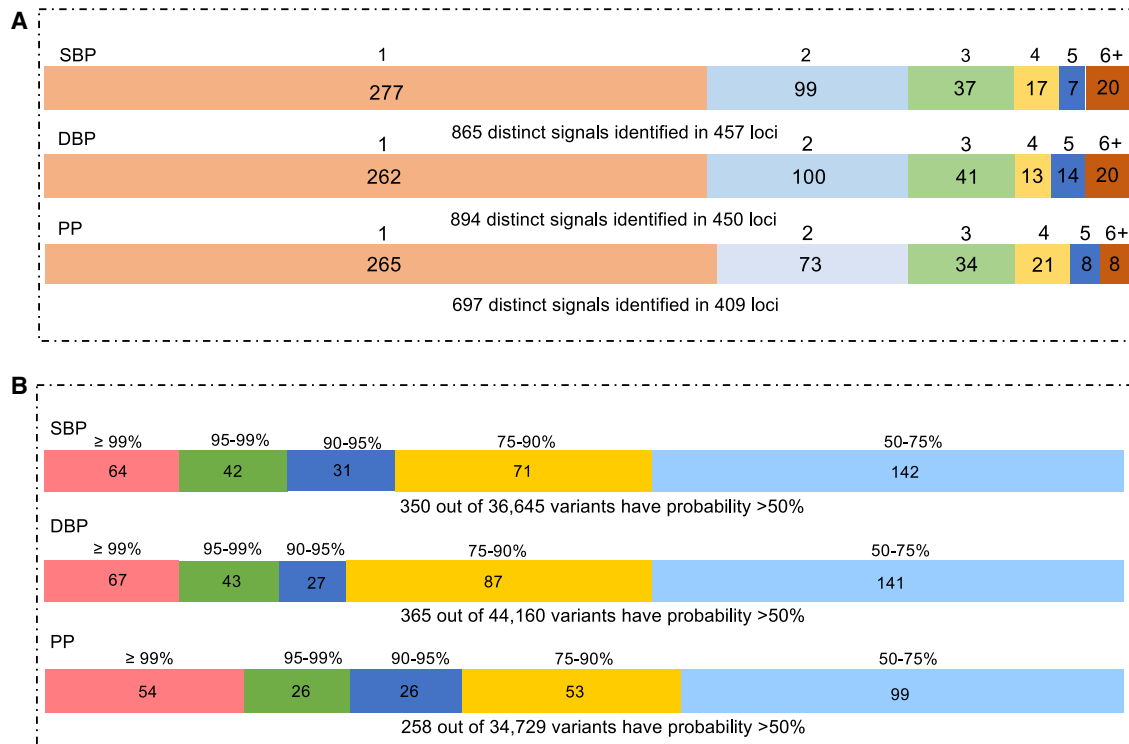


Figure 2. Distinct BP association signals

(A) Summary of distinct association signals for blood pressure traits. SBP, a single signal at 277 genomic regions and at least two at 180; DBP, a single signal at 262 genomic regions and at least two at 188; PP, a single signal at 265 genomic regions and at least two at 144. (B) Distribution of the posterior probability of causality of the variants in credible sets. SBP, systolic blood pressure; DBP, diastolic blood pressure; PP, pulse pressure.

from GENCODE^{19,43} and the Roadmap Epigenomics Consortium²⁰ (material and methods), we observed significant joint enrichment ($p < 2.0 \times 10^{-4}$, Bonferroni correction for 253 annotations) for BP associations mapping to protein-coding exons and 3' UTRs, enhancers in heart and adrenal gland, and promoters in adipose and heart (Table S3 and Figure S2).

For each distinct signal, we then derived credible sets of variants that together account for 99% of the posterior probability (π) of driving the BP trait association under an annotation-informed prior model of causality in which SNVs mapping to the genomic annotations in the globally enriched signatures for SBP, DBP, and PP are upweighted (material and methods). The median 99% credible set size was 20 variants for SBP and DBP and 22 for PP (Tables S4–S6). For 208 (24%), 224 (24.8%), and 159 (22.9%) SBP, DBP, and PP signals, respectively, there was a high-confidence SNV. (Figure 2 and Tables S7–S9).

High-confidence SNVs are enriched for BP-related phenotypes

We used GREAT v.4.0.4²³ (material and methods) to explore the potential biological impact of all high-confidence SNVs through their enrichment within trait-related genomic regions including *cis*-regulatory elements (CREs). We explored SNVs separately for the three BP traits and physiologically consistent enrichment results were identi-

fied for these location data for GO biological processes (e.g., circulatory system processes, regulation of BP), human phenotype (e.g., abnormality systemic blood pressure, abnormality of vasculature), mouse phenotype, and knockout data (e.g., abnormal blood vessel morphology, increased systemic arterial blood pressure) (Figure S3 and Tables S10–S12).

Missense variants implicate causal candidate genes

We identified 65 high-confidence missense variants for BP association signals (Tables S11 and S12). Among these, 20 were driving the same association signal for two BP traits and one (*RGL3* p.Pro162His; rs167479) was driving the same association signal for all three BP traits (Table 1). *RGL3* is not well characterized, but several missense variants in the gene have been previously identified in BP EA-WASs.¹² In our study, three distinct association signals are driven by *HFE* missense variants; two are common, i.e., minor allele frequency (MAF) $\geq 5\%$ (p.His63Asp [rs1799945] and p.Cys282Tyr [rs1800562]), and one is a low-frequency variant, i.e., MAF $< 5\%$ (p. Ser65Cys [rs1800730]). These variants are associated with predisposition to hereditary hemochromatosis, of which, portal hypertension and restrictive diastolic function are recognized phenotypes.⁴⁴

Fifteen missense variants were identified to have a posterior probability of $>99.9\%$ of driving distinct BP association signals. These variants implicate several well

Table 1. High-confidence missense variants for blood pressure association signals (PP > 0.95)

Signal ID	Index SNV	Missense variant	Canonical transcript	Annotation	Chr	Position	PolyPhen	SIFT	Trait	p value	Posterior probability (%)
1_6	rs262695	rs262695	ENST00000545087.1	AL590822.1 p.Cys78Arg	1	2,144,788	N/A	N/A	SBP	9.40×10^{-14}	96.2
108_1	rs1047891	rs1047891	ENST00000430249.2	CPS1 p.Thr1412Asn	2	211,540,507	benign	tolerated	SBP	1.40×10^{-14}	98.5
									DBP	8.20×10^{-14}	99.5
132_2	rs74951356	rs74951356 ^a	ENST00000418109.1	LAMB2 p.Ala1765Thr	3	49,158,763	benign	tolerated	DBP	5.00×10^{-09}	95.8
158_3	rs61762319	rs61762319 ^a	ENST00000460393.1	MME p.Met8Val	3	154,801,978	benign	deleterious	SBP	1.50×10^{-09}	99.8
170_6	rs2498323	rs2498323	ENST00000382774.3	HGFAC p.Arg644Gln	4	3,451,109	possibly damaging	tolerated	PP	7.40×10^{-13}	100
191_3	rs13107325	rs13107325	ENST00000394833.2	SLC39A8 p.Ala391Thr	4	103,188,709	possibly damaging	tolerated	SBP	4.20×10^{-53}	100
221_1	rs2307111	rs2307111	ENST00000428202.2	POC5 p.His36Arg	5	75,003,678	benign	tolerated	DBP	1.60×10^{-22}	97.6
237_7	rs1800888	rs1800888 ^a	ENST00000305988.4	ADRB2 p.Thr164Ile	5	148,206,885	benign	tolerated	DBP	7.40×10^{-13}	100
249_1	rs1800730	rs1800730	ENST00000357618.5	HFE p.Ser65Cys	6	26,091,185	probably damaging	deleterious	SBP	2.00×10^{-09}	96.4
249_3	rs1800562	rs1800562 ^a	ENST00000357618.5	HFE p.Cys282Tyr	6	26,093,141	probably damaging	deleterious	DBP	2.10×10^{-37}	96.4
251_7	rs41543814	rs41543814	ENST00000376228.5	HLA-C p.Ala97Thr	6	31,239,430	benign	tolerated (LC)	DBP	1.50×10^{-19}	100
251_10	rs2844573	rs2308655	ENST00000412585.2	HLA-B p.Cys349Ser	6	31,322,303	benign	tolerated (LC)	PP	1.40×10^{-12}	99.2
252_1	rs3176336	rs2395655	ENST00000448526.2	CDKN1A p.Asp28Gly	6	36,645,696	benign	tolerated (LC)	PP	4.70×10^{-13}	98.5
255_1	rs78648104	rs78648104	ENST00000008391.3	TFAP2D p.Phe74Leu	6	50,683,009	benign	tolerated	SBP	2.40×10^{-15}	99.9
272_1	rs6919947	rs6919947	ENST00000368357.3	NCOA7 p.Ser399Ala	6	126,210,395	benign	tolerated (LC)	SBP	4.90×10^{-17}	100
300_3	rs2854746	rs2854746	ENST00000381083.4	IGFBP3 p.Ala32Gly	7	45,960,645	benign	tolerated	DBP	5.00×10^{-11}	97.9
313_2	rs11556924	rs11556924	ENST00000358303.4	ZC3HC1 p.Arg363His	7	129,663,496	probably damaging	deleterious	DBP	1.50×10^{-26}	98.3
365_2	rs76452347	rs76452347	ENST00000354323.2	HRCT1 p.Arg63Trp	9	35,906,471	possibly damaging	deleterious (LC)	SBP	7.10×10^{-14}	100
379_2	rs6271	rs6271 ^{a,b}	ENST00000393056.2	DBH p.Arg549Cys	9	136,522,274	possibly damaging	tolerated	SBP	1.20×10^{-19}	97.6
394_1	rs2236295	rs2236295	ENST00000373783.1	ADO p.Gly25Trp	10	64,564,892	possibly damaging	tolerated	SBP	2.80×10^{-22}	96.7
402_3	rs2274224	rs2274224 ^b	ENST00000371380.3	PLCE1 p.Arg1575Pro	10	96,039,597	benign	tolerated	SBP	9.00×10^{-57}	96.6
417_10 (SBP)	rs10770059	rs415895	ENST00000318950.6	SWAP70 p.Gln505Glu	11	9,769,562	benign	tolerated	SBP	5.00×10^{-47}	96.5
432_4	rs117874826	rs117874826 ^{a,b}	ENST00000540288.1	PLCB3 p.Glu564Ala	11	64,027,666	benign	deleterious	SBP	2.30×10^{-11}	100
434_1	rs36027301	rs36027301	ENST00000265686.3	TCIRG1 p.Arg56Trp	11	67,809,268	probably damaging	deleterious	SBP	6.00×10^{-11}	97.6
447_7	rs573455	rs573455	ENST00000278935.3	CEP164 p.Gln1119Arg	11	117,267,884	benign	tolerated	PP	8.70×10^{-34}	100

(Continued on next page)

Table 1. Continued

Signal ID	Index SNV	Missense variant	Canonical transcript	Annotation	Chr	Position	PolyPhen	SIFT	Trait	p value	Posterior probability (%)
463_15	rs1126930	rs1126930 ^a	ENST00000316299.5	PRKAG1 p.Thr98Ser	12	49,399,132	benign	tolerated	PP	4.60 × 10 ⁻¹⁴	95.6
499_1	rs17880989	rs17880989	ENST00000311852.6	MMP14 p.Met355Ile	14	23,313,633	benign	deleterious	DBP	3.20 × 10 ⁻¹²	100
572_1	rs704	rs704	ENST00000226218.4	VTN p.Thr400Met	17	26,694,861	benign	tolerated	SBP	1.90 × 10 ⁻⁰⁸	96.5
582_6	rs34587622	rs34587622	ENST00000427177.1	SEPT9 p.Pro145Leu	17	75,398,498	benign	tolerated (LC)	SBP	6.20 × 10 ⁻¹⁴	99.9
606_9	rs167479	rs167479	ENST00000393423.3	RGL3 p.Pro162His	19	11,526,765	probably damaging	deleterious	SBP	8.70 × 10 ⁻⁶⁹	100
610_2	rs45522544	rs45522544	ENST00000357324.6	ATP13A1 p.Glu556Lys	19	19,765,499	benign	tolerated	DBP	3.10 × 10 ⁻⁰⁸	100
616_4	rs34093919	rs34093919	ENST00000308370.7	LTBP4 p.Asp752Asn	19	41,117,300	possibly damaging	deleterious	PP	2.80 × 10 ⁻¹⁴	97.4
616_7	rs1800470	rs1800470	ENST00000221930.5	TGFB1 p.Pro10Leu	19	41,858,921	N/A	tolerated (LC)	PP	1.90 × 10 ⁻¹⁵	99
617_2	rs7412	rs7412	ENST00000252486.4	APOE p.Arg176Cys	19	45,412,079	probably damaging	deleterious	SBP	2.00 × 10 ⁻¹⁴	100
623_3	rs35761929	rs35761929	ENST00000254958.5	JAG1 p.Pro871Arg	20	10,622,501	benign	deleterious	DBP	2.60 × 10 ⁻¹⁸	99.1
636_1	rs2229742	rs2229742	ENST00000400202.1	NRIP1 p.Arg448Gly	21	16,339,172	probably damaging	deleterious	SBP	7.40 × 10 ⁻¹⁶	100
									PP	2.30 × 10 ⁻¹¹	99.7

SNV, single-nucleotide variant; Chr, chromosome; SIFT, sorting intolerant from tolerant algorithm, which predicts the effect of coding variants on protein function; PolyPhen, polymorphism phenotyping tool predicts possible impact of an amino acid substitution on the structure and function of a human protein; posterior probability, the SNV's accounted posterior probability of driving the blood pressure association under the annotation-informed prior.

^aIndicates a low frequency variant (our data and in non-Finnish Europeans, <https://gnomad.broadinstitute.org>).

^bIndicates supporting evidence for this gene from exome and EAWASS.^{12,45-47}

characterized BP genes (including *SLC39A8* p.Ala391Thr [rs13107325]; *ADRB2* p.Gly16Arg [rs1042713] and p.Thr164Ile [rs1800888]; and *DBH* p.Arg549Cys [rs6271]). The variants p.Thr164Ile in *ADRB2* and p.Arg549Cys in *DBH* are both of low allelic frequency. The results also highlight less well-established candidate genes, including *NRIP1*, *MMP14*, and *PLCB3* (the *MMP14* and *PLCB3* missense variants have MAF < 5%). *NRIP1* is a regulator of the mineralocorticoid receptor, and *MMP14* is an endopeptidase with a key role in degrading components of the extracellular matrix and regulation of blood vessel stability.⁴⁸ EAWASS¹² have identified missense variants associated with BP traits in *PLCB3*, which encodes an enzyme involved in intracellular signal transduction found to be increased in a mouse model of hypertension and hypertrophy.⁴⁹

Several high-confidence missense variants (MAF < 5%) implicate genes associated with kidney traits/disorders including *NCOA7* p.Ser399Ala (rs6919947), *LAMB2* p.Ala1765Thr (rs74951356) (MAF < 5%), and *NPHS2* p.Arg229Gln (rs1747728). *NCOA7* encodes the nuclear receptor coactivator 7, a vacuolar proton pumping ATPase (V-ATPase)-interacting protein. It is highly expressed in

the kidney with knockout mice observed to have lower BP.⁵⁰ *LAMB2* encodes beta chain isoform laminin, and mutations in this gene cause Pierson syndrome (MIM: 609049), a congenital nephrotic syndrome in which the phenotype includes hypertension.⁵¹ Mutations in *NPHS2* cause steroid-resistant nephrotic syndrome⁵² and prior work has indicated a rare missense variant association with BP.¹²

Non-coding BP association signals map to trait-related transcription-factor-binding sites

Whilst the identified high-confidence missense variants have directly interpretable effects, the majority of the posterior probability of causality for BP trait associations maps to non-coding sequence. To explore these high-confidence non-coding SNVs, we first sought evidence for enrichment of TF-binding site (TFBS) motifs. We interrogated sets of sequences obtained by expanding 10 bp either side of these SNVs for each of the three traits (see [material and methods](#)). This identified significant enrichment for seven SBP, ten DBP, and five PP TFBS motifs that were partially overlapping ([Table S13](#)). The motif for PAX2 was significant across all three traits (top corrected p = 2.8 × 10⁻²⁵ for DBP), and this transcription factor is involved in

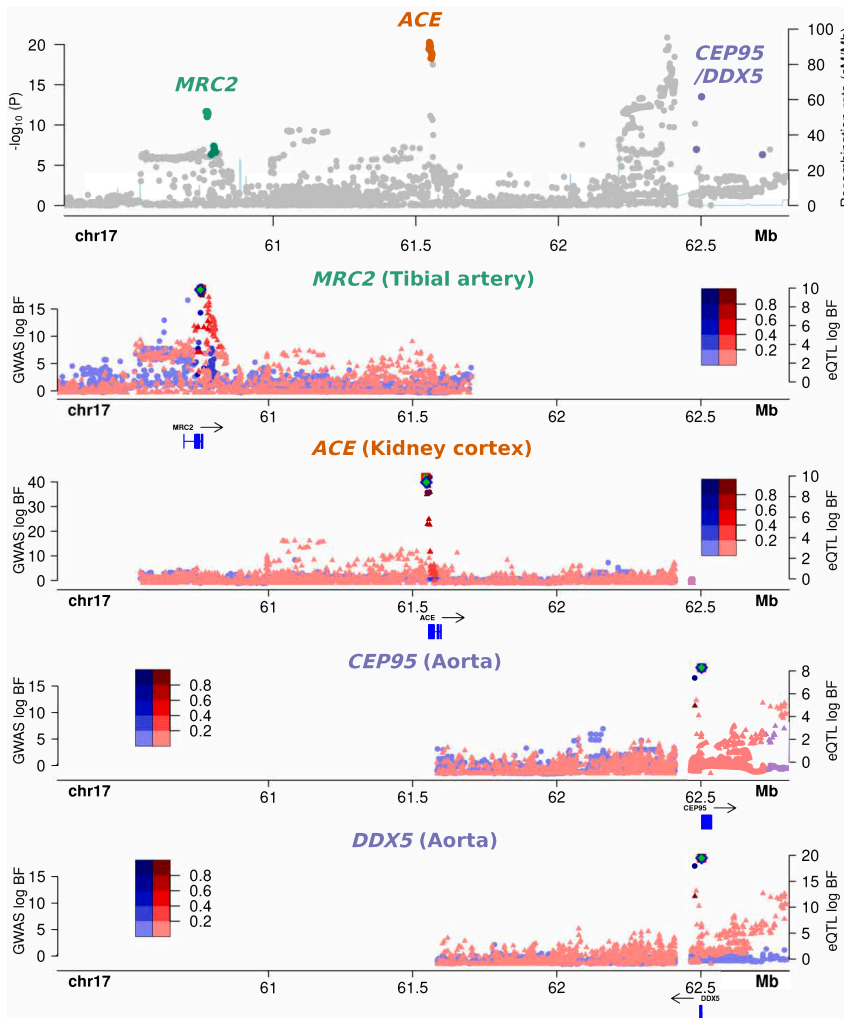


Figure 3. Colocalization between GWAS signals for SBP and multi-tissue expression data at locus ID 580 on chromosome 17

The top panel shows the unconditional GWAS data of the genomic region at chromosome 17 (60.2–62.9Mb) for SBP. The lower four panels show the log-annotation-informed Bayesian factors of the conditional GWAS signal (blue, left axis) and gene expression data from GTEx eQTL data (red, right axis). Three distinct annotation-informed signals colocalized with gene expression data from *MRC2* (second panel) in tibial artery tissue, *ACE* (third panel) in kidney cortex tissue, and *CEP95* and *DDX5* in aortic artery tissue (bottom panels). The x axis shows the physical position on the chromosome (Mb) and the y axes show the log annotation-informed Bayesian factor from the GWAS (left axis) and the gene expression data (right axis). The intensity of the color indicates the linkage disequilibrium with respect to the sentinel GWAS SNP (blue) or top eQTL SNP (red).

Of the signals associated with all three BP traits, nine colocalized with an eQTL for a single effector gene. These were *AGT* (brain cerebellum), *ARHGAP24* (tibial artery and aorta), *ARHGAP42* (tibial artery, aorta, and adipose), *CHD13* (aorta), *lncRNA CTD-2336O2.1* (brain tissues), *FES* (tibial artery), *FGF5* (kidney cortex), *IGFBP3* (heart left ventricle), and *JPH2* (adrenal gland). Three genes (*AGT*, *ARHGAP42*, and *IGFBP3*) have known or support-

nephron development and is implicated in monogenic renal abnormalities.⁵³

Effector genes identified via gene expression in BP-relevant tissues

To gain further insight into mechanisms through which non-coding association signals are mediated, where identification of the cognate effector gene is challenging,⁴² we integrated genetic fine-mapping data with *cis*-eQTLs in disease-relevant bulk tissues from the GTEx Consortium.²⁷ The tissues included were adipose, adrenal gland, artery, kidney cortex, heart, nerve, and brain. We observed convincing support for colocalization with eQTLs (material and methods) for 96 SBP, 107 DBP, and 84 PP signals (Table S14). In total, 54 (56%), 58 (54%), and 41 (49%) of the signals colocalized with an eQTL for a single gene in at least one tissue. Across all traits, there was a total of 135 genes with tissue-specific colocalizations, of which 55 (41%) were in arterial tissues, 35 (26%) were in nerve or brain tissues, 21 (16%) were in adipose tissue, 13 (10%) were in heart, 9 (7%) were in adrenal, and 2 (1%) were in kidney.

ing data for a role in BP regulation. *AGT* encodes angiotensinogen, a substrate of the renin-angiotensinogen system—a key regulatory pathway.⁵⁴ *ARHGAP42* is selectively expressed in smooth muscle cells and modulates vascular resistance, and a knockout *Arhgap42* mouse model demonstrates salt-mediated hypertension.⁵⁵ *IGFBP3*, which encodes the insulin growth factor binding protein 3, has data supporting association with BP and CVD phenotypes, and a knockout mouse model has increased ventricular wall thickness and shortened ST segment.⁵⁶ It also modulates insulin growth factor 1 (IGF-1) bioactivity with potential regulation of vascular tone *in vivo* through NO release.⁵⁷ Additionally, there is a high-confidence missense variant implicating *IGFBP3*, highlighting distinct associations mediated by the same gene but through different underlying biological processes. Other colocalized effector genes demonstrate links to cardiovascular phenotypes (*FES*,⁵⁸ *FGF5*,⁵⁹ and *JPH2*⁶⁰) but have not yet been functionally characterized.

We observed many individual loci with several distinct signals for each BP trait that colocalized with eQTLs for different genes. The genomic region on chromosome 12 encompassing *HDAC7*, *H1-7*, *CCDC65*, *PRKAG1*,

FAM186B, *CERS5*, and *DIP2B* spans 3.5 Mb and includes 11 signals for SBP, 12 for DBP, and five for PP. Three signals colocalized with eQTLs and indicate two effector genes. One signal (associated with both SBP and DBP) colocalized with an eQTL for *CACNB3* (adipose, tibial nerve, and artery), which encodes a regulatory beta subunit of the voltage-dependent calcium channel. The regulatory subunit of the voltage-gated calcium channel gives rise to L-type calcium currents.⁶¹ A *Cacnb3* knockout mouse model has a cardiovascular phenotype that includes abnormal vascular smooth muscle cell hypertrophy, increased heart weight, and increased SBP and DBP.⁶² A second signal (associated with DBP) colocalized with an eQTL for *lncRNA RP4-60503.4* (heart left ventricle), and a third signal (associated with SBP) colocalized with an eQTL in brain and heart left ventricle for this predicted gene.

A genomic region on chromosome 17 spanning 6.4 Mb, which encompasses associations reported in several previous BP GWASs,^{8,12,63,64} includes 19 SBP, 16 DBP, and 15 PP signals (locus ID 576, [Table S2](#)). Colocalization of signals with eQTLs implicates six effector genes (*DKAKD*, *NMT1*, *lncRNA RP11-6N17.4*, *PNPO*, *PRR15L*, and *ZNF652*). Three independent signals colocalized with eQTLs for *NMT1* in brain. *NMT1* encodes N-myristoyltransferase, which catalyzes the transfer of myristate from CoA to proteins, and there is no clear association with cardiovascular disease. However, the MalaCards database indicates an association with patent foramen ovale, a common post-natal defect of cardiac atrial septation.⁶⁵ One DBP signal colocalized with an eQTL for *DKAKD* in adipose and nerve tissues. PP signals colocalized with eQTLs for *RP11-6N17.4* and *PNPO* in brain tissues. *PNPO* encodes pyridoxamine 5'-phosphate oxidase, an enzyme in the rate limiting step in vitamin B6 synthesis. Deficiency of *PNPO* primarily results in seizures, with many systemic symptoms, including cardiac abnormalities.⁶⁶ We also observed an SBP signal that colocalized with an eQTL for *PRR15L* in tibial artery and a signal associated with both with SBP and DBP that colocalized with an eQTL for *ZNF652* in adipose tissue.

At a second genomic region on chromosome 17 encompassing *MRC2*, *ACE*, *PECAM1*, and *MILR1*, we observed four signals for SBP, three for DBP, and four for PP (locus ID 580, [Table S2](#)), of which three signals colocalized with different genes across multiple tissues ([Figure 3](#)). One SBP signal colocalizes with an eQTL for *MRC2* in tibial artery. *MRC2* encodes the mannose receptor C type 2 and plays a role in extracellular matrix remodeling.⁶⁷ A signal associated with both SBP and DBP colocalized with an eQTL for *ACE* in kidney, adipose, and brain tissues. *ACE* encodes the angiotensin-converting enzyme, a central component of the renin-angiotensin-aldosterone system.⁶⁸ A third SBP signal colocalized with an eQTL for two genes across several tissues: *DDX5* (arteries, brain and tibial nerves) and *CEP95* (tibial nerve and arteries). These genes have little prior association with cardiovascular phenotypes. *DDX5* encodes DEAD-box helicase 5, which is thought to be a coregulator of transcription or splicing, and recent

data indicate a role in smooth muscle cell protection and neointimal hyperplasia.⁶⁹ Homozygous *Ddx5* knockout mice die at embryonic day 11.5 and demonstrate blood vessel abnormalities. There is little information on *CEP95*, which encodes centrosomal protein 95, although differential gene expression was observed in spontaneously hypertensive rats.⁷⁰

Exploratory analysis of single-cell datasets for BP effector genes

We performed an exploratory analysis investigating cell-type specificity for effector genes indicated from eQTL analysis by utilizing single cell datasets from the adrenal, kidney, heart, brain, and adipose tissues ([material and methods](#)). The results per effector gene per tissue are provided in [Figure S4](#). There were several genes across each tissue that had a relative expression > 75% in a particular cell type compared to other cells in that organ, thus demonstrating potentially strong cell-type-specific expression. The genes indicated were *lncRNA RP11-179B2.2* in neurons in the brain hippocampus, *HSPB7*, *CLCNKA*, and *ACE* in neurons in the brain cortex, and *PCOLCE-AS1* in neurons in the brain cerebellum (as opposed to other non-neuronal cell types present in cortical tissue, such as glia); *lncRNA RP11-373D23.3* in fibroadipogenic progenitor cells, *PAQR8* in lymphocytes, and *ACHE* in mesothelial cells all from adipose tissues; *ACHE* in fibroadipogenic progenitor cell in adipose visceral omentum; and *JPH2*, *FHL3*, *lncRNA CTB-30L5.1* in cortical cells of the adrenal gland. There were no genes in the heart, kidney, or brain substantia nigra where cell-type-specific expression exceeded the 75% threshold we selected.

Identification of effector genes via promotor-centered long-range chromatin interactions in disease-relevant tissues

To explore possible long-range enhancer influence on specific target genes, we integrated genetic fine-mapping data with potential functional CREs identified to target the promoters of well-annotated protein-coding genes via long-range chromatin interactions (capture Hi-C data from Jung et al.³⁴). Promoter interactions and candidate genes were identified for 629 signals at 366 genomic regions (RegulomeDB score ≤ 3) across adrenal gland, dorsolateral prefrontal cortex, hippocampus, aorta, left ventricle, right ventricle, and fat ([Table S15](#)). We observed signals at 13 genomic regions that included 99% credible set variants with regulatory potential across SBP and DBP, for which several potential target genes of the regulatory variants were indicated. At five signals, one gene was indicated in a single tissue: *ACTRT2* (dorsolateral prefrontal cortex), *ARMC4* (right ventricle), *ncRNA AP001024.1* (hippocampus), *TBX3* (aorta), and *YES1* (hippocampus). At other genomic regions, many genes in one tissue were indicated: *HOXA5*, *HOXA6*, and *HOXA3* (adrenal gland); *ncRNA RP11691N7.6*, *SELENOH*, *TIMM10*, *CLP1*, *YPEL4*, *ZDHHC5*, *FAM111A*, *lncRNA AP001350.1*, *GLYATL2*, and

GLYATL1 (hippocampus, dorsolateral prefrontal cortex), and *ABHD17C* and *MESD* (two brain tissues). At three signals, more than one gene in more than one tissue were highlighted, such as *ADGRA2*, *DDHD2*, *FGFR1*, *PLPP5*, *LETM2*, *TACC1* (two brain tissues, adrenal gland, aorta, and right ventricle). Candidate genes at three signals have existing functional data supporting an association with BP or cardiovascular traits: *HOXA3*, *ADM*, and *TBX3*.^{56,71,72}

We next explored whether signals that colocalized with eQTLs for effector genes overlapped with those implicated by Hi-C predicted promoter interactions. We focused on the 80 signals that have support for colocalization with eQTLs in relevant tissues across all traits (Table S16). For 34 signals, the effector gene indicated by Hi-C was the same as that identified via colocalization with the eQTLs, and for 15 of these signals, the same tissue was implicated (Table S16). The 15 candidate genes were *AKR1B1*, *ASAP2*, *COL27A1*, *IRF5*, *MAP1B*, *MRPS6*, *MXD3*, *RAD52*, *RERE*, *RNF130*, *SLC5A3*, *SLC20A2*, *TNS3*, *TRIOBP*, and *USP36*. A review of the 15 genes indicates knockout mouse models of three effector genes (*COL27A1*, *RERE*, and *SLC20A2*) have cardiovascular abnormalities, but they have not previously been highlighted as potential candidate genes for hypertension (Table S17).

To explore our Hi-C-predicted promoter interactions more broadly, we additionally probed our results to see whether there was also support for these potential CREs to target the same effector gene through a completely different prediction methodology from the recent EpiMap analysis.⁷³ This method is based on an active chromatin correlation with target gene expression. Several physiologically relevant candidate effector transcripts were highlighted, where the two methods predicted the same target for the same SNV in the same tissue or organ (see Table S18). Potential targets included genes previously identified as highly plausible trait-related candidates from previous analyses, including *CLIC4*, *TNS1*, and *FERMT2*.⁷⁴ Target genes with presently unknown potential roles in SBP and DBP pathophysiology were also identified. These included two active CREs found in brain-related tissue, which would be of interest to explore for additional activity in potentially more physiologically relevant non-assayed tissues: *SHMT1*, which encodes the serine hydroxymethyltransferase 1 enzyme involved in folic acid metabolism associated, although inconsistently, with hypertension-related stroke,⁷⁵ and *PLXNB2*, which encodes the plexin-B2 transmembrane receptor that has an identified role in the developing kidney.⁷⁶ For PP this comprised, amongst others, some interesting target genes, including *MYH11*, smooth muscle myosin heavy chain 11, with CRE activity in aortic tissue. Mutations within this gene lead to an autosomal-dominant aortic aneurysm and dissection disorder (AAT4, MIM: 132900) with altered aortic stiffness.^{77,78} Also, *COL6A3*, which encodes the alpha-3 chain of type VI collagen, was a target identified in heart tissue. This collagen gene is important in the

developing mammalian heart⁷⁹ and is associated with monogenic myopathy and dystonia diseases (MIM: 158810, 254090, and 616411).⁸⁰

Effector genes identified with pQTLs in plasma

We integrated genetic fine-mapping data with *cis*-pQTLs by using summary statistics from a published study of plasma protein concentrations in 35,559 Icelanders.³⁶ Support for colocalization was identified for ten SBP, six DBP, and 11 PP signals corresponding to ten, six, and ten unique proteins, respectively. Across all BP traits, there were 16 unique signals at 16 proteins (Table S19). For two proteins (angiotensin and matrix-remodelling associated protein 7 [MXRAP7]), the encoding gene was also a significant eQTL finding. For four proteins (tyrosine-protein kinase Fgr, collagen alpha-3 (VI) chain, plexin-B2, and MXRAP7), the encoding gene was a significant finding in the long-range chromatin interaction analyses.

Consolidated effector gene evidence

Using complementary fine-mapping and computational approaches (high-confidence missense, colocalized eQTLs, Hi-C interactions, and pQTLs), we identified 959 candidate genes for SBP, 904 candidate genes for DBP, and 774 candidate genes for PP with at least one line of evidence (Tables S20–S22).

We next looked for additional supportive evidence for each of these candidate genes by combining information from (1) mouse and (2) human cardiovascular and renal phenotypes, (3) the consistent target and tissue EpiMap findings, and differential (4) gene and (5) protein abundance across cardiovascular tissues (material and methods). We selected as consolidated effector genes those that had two or more additional lines of evidence. In total, 215 SBP, 205 DBP, and 202 PP genes were identified (Tables S23–S25), which together reflect 436 unique genes.

To gain insights into the biological role of the consolidated effector genes for each BP trait, we performed gene set enrichment analyses. We found significant enrichment for 310, 270, and 245 GO biological processes for SBP, DBP, and PP, respectively (following removal of redundant processes, see material and methods). There were 264 unique GO ID terms across the three traits, with 111, 77, and 76 unique to SBP, DBP, and PP respectively. In total, 172 pathways were associated with SBP and DBP, 148 with SBP and PP, and 140 with DBP and PP. Moreover, 119 pathways were associated with all three BP traits (Tables S26–S28). Some of the pathways associated with all three BP traits included circulatory system development, embryo development, tube development, regulation of cell differentiation, urogenital system development, and renal system development—all processes previously highlighted as important in BP control. The most significant SBP unique processes included heart development ($p = 4.22 \times 10^{-12}$), positive regulation of signaling ($p = 8.77 \times 10^{-10}$) and positive regulation of gene expression ($p = 1.95 \times 10^{-9}$); for DBP, epithelium

development ($p = 6.45 \times 10^{-14}$), embryonic organ development ($p = 3.14 \times 10^{-11}$), and epithelial cell proliferation ($p = 3.08 \times 10^{-7}$); and for PP, tube morphogenesis ($p = 9.57 \times 10^{-18}$), muscle cell proliferation ($p = 1.3 \times 10^{-11}$), and response to growth factor ($p = 1.67 \times 10^{-7}$).

Drug target identification and repositioning opportunities

We assessed the druggability of the consolidated effector genes for each BP trait via the druggable genome dataset from Finan et al.⁴⁰ (Table S29, see [material and methods](#)). We observed DBP to have a greater number of candidate effector genes that encode proteins that are the main drug targets for anti-hypertensive medications (*ACE*, *ADRA1A*, *ADRB1*, and *NR3C2*) than SBP (*ACE*) and PP (none). For several effector genes whose protein products are targets of existing drugs, there was support as potential therapeutic targets for hypertension (e.g., *AKR1B1*, *PDE3A*, and *MAP2K1*). *AKR1B1* (aldo-keto reductase family 1 member B) is a target of aldose reductase inhibitors that have been investigated for use in diabetes and also have effects on BP.⁸¹ *PDE3A* (phosphodiesterase 3A) is a target for hypertension with brachydactyly, a rare autosomal-dominant disorder, and there is recent data indicating several common variant associations also in the general population.^{12,82} *PDE3A* is targeted by several existing drugs, including Cilostazol (peripheral vascular disease), Levosimendan for intravenous therapy for acutely decompensated heart failure, and Enoximone (pulmonary hypertension). There are no data currently indicating the use of *PDE3A* inhibitors for hypertension, however a recent study suggests activation of *PDE3A* in the heart may protect it from hypertrophy and failure.⁸³ *MAP2K1* is a target of anti-neoplastic agents (*MAP2K1* is altered in 1% of lung and head and neck squamous cell carcinomas).^{84,85} The MAPK pathway is well recognized in BP control and p38-MAPK inhibition has been considered previously as a therapeutic target (which MAP2K activates).

To further ascertain drug repositioning opportunities, we tested for enrichment of these consolidated effector genes in clinical indication categories. We observed significant enrichment of gene sets for cardiovascular and renal conditions (Table S30), and the results support the findings from interrogation of the Finan et al. druggable genome database.

Discussion

Strongly replicated human genetic associations with BP traits have been identified over the last decade, but there is a lag in effector gene identification. In this study, we have used a robust contemporary fine-mapping pipeline to advance from these initial broadly associated genomic regions to the identification of hundreds of previously unreported candidate effector genes. These consolidated candidates are now excellent targets for future focused functional validation.

We were able to localize approximately a quarter of all associations across all three BP traits to a single causal variant with >75% posterior probability. Of these high-confidence SNVs, 65 were missense variants, including 20 identified for two BP traits and one in *RGL3* for all three traits. For the high-confidence non-coding and potentially *cis*-regulatory variants, we employed pathogenic tissue-specific expression and chromatin conformation to identify their target genes. Of these SNVs, ~100 per trait colocalized with *cis*-eQTLs. Plausible effector genes included the well-known angiotensin (*AGT*) and angiotensin converting enzyme (*ACE*), also more recently described genes from GWASs with functional data including sodium/potassium-transporting ATPase subunit beta-1 (*ATP1B1*) and rho GTPase-activating protein 42 (*ARHGAP42*). Other possible but less well functionally evaluated genes identified through eQTL analysis included *CDH13*, *FES*, *FGF5*, and *JPH2*.

We identified many loci with multiple complex signals within the same genomic region affecting different genes in different tissue types. Also, of note, while we observed high-confidence missense variants in kidney genes, as well as an enrichment for non-coding variants to overlap a nephron developmental TFBS, we identified only a very small proportion of eQTL colocalizations in this tissue (*FGF5* and *ACE* and the lncRNA *AC021218.2*). This may reflect reduced power due to the relatively smaller numbers in GTEx for kidney than other tissues.²⁷ Using over 400 human kidneys and the same ICBP+UKBB GWAS dataset, Eales and colleagues reported nearly 31% of BP-associated loci contained lead eQTL variants.⁸⁶ We were not able to directly compare or incorporate results from this larger kidney dataset into our pipeline, as summary statistics are not available for colocalization analysis. With the big difference in kidney eQTLs between datasets, the results strongly emphasize the importance of access to larger tissue banks for robust identification of all possible effector genes.

Focusing on the overlap between the eQTL and Hi-C results in disease-relevant tissues, there was a subset of 15 target genes identified in the same tissue. Of these, *COL27A1*, *RERE*, and *SLC20A2* also had additional evidence from mouse data. Support for target genes consistently predicted across multiple methods are the most robust.⁸⁷ We also explored overlap with the recent EpiMap,⁷³ highlighting, amongst others, *MYH11* and *COL6A3*, as strong effector candidates for PP. In total, our pipeline identified consolidated evidence effector genes for ~25% of BP association signals (215 genes for 865 SBP signals; 205 genes for 904 DBP signals; and 202 genes for 697 PP signals). Of the consolidated BP genes, 13% were identified to be drug targets, and several of these have good support for potential repurposing for BP control.

Our study applied rigorous multiple evidence methodology employing differing datasets from the Evangelou et al. to derive a consolidated effector gene list.⁸ This impacted the identification of potential therapeutic targets, as we were not able to replicate in our analysis the five candidate genes (*CA7*, *CACNA1C*, *CACNB4*, *PKD2L1*, and *SLC12A2*)

reported in their paper as the target of anti-hypertensive drug classes. However, *PKD2L1* did show individual Hi-C evidence as being the effector gene at the locus.

The main strength of this work is that it combines robust GWAS associations, derived from a powerfully large dataset, with comprehensive genetic annotation and tissue-specific epigenomic maps derived from the Epigenomics Roadmap Consortium. In the exploration of the putative functional non-coding variants, a further strength was that we were able to benefit from the expanded GTEx dataset²⁷ and publicly available promoter capture Hi-C data in pathologically relevant tissues³⁴ as well as exploration of target gene prediction overlap with EpiMap.⁷³ These analyses identified many biologically plausible effector genes. Our work builds and advances on the initial Evangelou et al. findings, as here we perform formal fine-mapping analysis as well as eQTL colocalization. Furthermore, unlike previous work, our integrative analysis has enabled us to delineate a distinct list of potential effector genes.

Current weaknesses are the lack of population diversity in our GWAS dataset, as these are comprised of associations from European ancestry individuals only. Consequently, our results will be missing population-specific findings, as have been identified in other common diseases.⁸⁸ While multi-ancestry BP sequencing studies have indicated the strong ancestry-specific nature of rare variants,⁸⁹ most common variants may be shared.⁹⁰ However, due to LD and MAF complexity, identified variants will need detailed exploration at a locus-by-locus basis across continental groups.⁹¹ Furthermore, this lack of diversity is not only limited to the genetic findings. The epigenomic maps, while being derived from a breadth of cell types giving good representation of strong tissue-specific regulatory differences, are within each cell type drawn from very small numbers. Therefore, they lack detail regarding potential population variation in these functional units.⁹² Another weakness is that while benefitting from dense genotyping and imputation of common SNVs, this is not exhaustive in capturing all the potential phenotypically associated genetic variation within each locus. This will miss the possible impact of rare SNVs as well as any poorly tagged larger variants (copy-number variants, short tandem repeats, inversions, etc.). Furthermore, these large variants may themselves facilitate functional epigenomic variation.⁹³ Future exploration of the phased interplay of genetic and epigenetic allelic elements by advancing long-read technologies will help to fill in these gaps.⁹⁴ We did make use of currently available single-cell expression datasets to explore higher resolution cell-type specificity, which is not able to be resolved with bulk tissue analyses. However, while this revealed some intriguing findings, which would be of interest to explore further experimentally, we also acknowledge that these resources currently have technical and power constraints, but they are rapidly evolving and will become more comprehensive over time.

In conclusion, we have identified plausible causal genetic variants and effector genes enriched in BP pathways.

Their investigation through experimental biosystems will not only improve functional understanding of the biology of BP and its pathogenesis but also potentially enable novel preventative and therapeutic opportunities.

Consortia

The members of the International Consortium of Blood Pressure (ICBP) are Evangelos Evangelou, Helen R Warren, He Gao, Georgios Ntritsos, Niki Dimou, Tonu Esko, Reedik Mägi, Lili Milani, Peter Almgren, Thibaud Boutin, Stéphanie Debette, Jun Ding, Franco Giulianini, Elizabeth G Holliday, Anne U Jackson, Ruifang Li-Gao, Wei-Yu Lin, Jian'an Luan, Massimo Mangino, Christopher Oldmeadow, Bram Peter Prins, Yong Qian, Muralidharan Sargurupremraj, Nabi Shah, Praveen Surendran, Sébastien Thériault, Niek Verweij, Sara M Willems, Jing-Hua Zhao, Philippe Amouyel, John Connell, Renée de Mutsert, Alex SF Doney, Martin Farrall, Cristina Menni, Andrew D Morris, Raymond Noordam, Guillaume Paré, Neil R Poulter, Denis C Shields, Alice Stanton, Simon Thom, Gonçalo Abecasis, Najaf Amin, Dan E Arking, Kristin L Ayers, Caterina M Barbieri, Chiara Batini, Joshua C Bis, Tineka Blake, Murielle Bochud, Michael Boehnke, Eric Boerwinkle, Dorret I Boomsma, Erwin P Bottinger, Peter S Braund, Marco Brumat, Archie Campbell, Harry Campbell, Aravinda Chakravarti, John C Chambers, Ganesh Chauhan, Marina Ciullo, Massimiliano Cocca, Francis Collins, Heather J Cordell, Gail Davies, Martin H de Borst, Eco J de Geus, Ian J Deary, Joris Deelen, Fabiola Del Greco M, Cumhur Yusuf Demirkale, Marcus Dörr, Georg B Ehret, Roberto Elosua, Stefan Enroth, A Mesut Erzurumluoglu, Teresa Ferreira, Mattias Frånberg, Oscar H Franco, Iliaria Gandin, Paolo Gasparini, Vilmantas Giedraitis, Christian Gieger, Giorgia Grotto, Anuj Goel, Alan J Gow, Vilmundur Gudnason, Xiuqing Guo, Ulf Gyllenstein, Anders Hamsten, Tamara B Harris, Sarah E Harris, Catharina A Hartman, Aki S Havulinna, Andrew A Hicks, Edith Hofer, Albert Hofman, Jouke-Jan Hottenga, Jennifer E Huffman, Shih-Jen Hwang, Erik Ingelsson, Alan James, Rick Jansen, Marjo-Riitta Jarvelin, Roby Joehanes, Åsa Johansson, Andrew D Johnson, Peter K Joshi, Pekka Jousilahti, J Wouter Jukema, Antti Jula, Mika Kähönen, Sekar Kathiresan, Bernard D Keavney, Kay-Tee Khaw, Paul Knekt, Joanne Knight, Ivana Kolcic, Jaspal S Kooner, Seppo Koskinen, Kati Kristiansson, Zoltan Kutalik, Maris Laan, Marty Larson, Lenore J Launer, Benjamin Lehne, Terho Lehtimäki, David CM Liewald, Li Lin, Lars Lind, Cecilia M Lindgren, YongMei Liu, Ruth JF Loos, Lorna M Lopez, Yingchang Lu, Leo-Pekka Lyytikäinen, Anubha Mahajan, Chrysovalanto Mamasoula, Jaume Marrugat, Jonathan Marten, Yuri Milaneschi, Anna Morgan, Andrew P Morris, Alanna C Morrison, Peter J Munson, Mike A Nalls, Priyanka Nandakumar, Christopher P Nelson, Teemu Niiranen, Ilja M Nolte, Teresa Nutile, Albertine J Oldehinkel, Ben A Oostra, Paul F O'Reilly, Elin Org, Sandosh Padmanabhan, Walter Palmas,

Aarno Palotie, Alison Patti, Brenda WJH Penninx, Markus Perola, Annette Peters, Ozren Polasek, Peter P Pramstaller, Quang Tri Nguyen, Olli T Raitakari, Rainer Rettig, Kenneth Rice, Paul M Ridker, Janina S Ried, Harriette Riese, Samuli Ripatti, Antonietta Robino, Lynda M Rose, Jerome I Rotter, Igor Rudan, Daniela Ruggiero, Yasaman Saba, Cinzia F Sala, Veikko Salomaa, Nilesh J Samani Antti-Pekka Sarin, Reinhold Schmidt, Helena Schmidt, Nick Shrine, David Siscovick, Albert V Smith, Harold Snieder, Siim Söber, Rossella Sorice, John M Starr, David J Stott, David P Strachan, Rona J Strawbridge, Johan Sundström, Morris A Swertz, Kent D Taylor, Alexander Teumer, Martin D Tobin, Maciej Tomaszewski, Daniela Toniolo, Michela Traglia, Stella Trompet, Jaakko Tuomilehto, Christophe Tzourio, André G Uitterlinden, Ahmad Vaez, Peter J van der Most, Cornelia M van Duijn, Germaine C Verwoert, Veronique Vitart, Uwe Völker, Peter Vollenweider Dragana Vuckovic, Hugh Watkins, Sarah H Wild, Gonke Willemssen, James F Wilson, Alan F Wright, Jie Yao, Tatijana Zemunik, Weihua Zhang, John R Attia, Adam S Butterworth, Daniel I Chasman, David Conen, Francesco Cucca, John Danesh, Caroline Hayward, Joanna MM Howson, Markku Laakso, Edward G Lakatta, Claudia Langenberg, Olle Melander, Dennis O Mook-Kanamori, Colin NA Palmer, Lorenz Risch, Robert A Scott, Rodney J Scott, Peter Sever, Tim D Spector, Pim van der Harst, Nicholas J Wareham, Eleftheria Zeggini, Daniel Levy, Patricia B Munroe, Christopher Newton-Cheh, Morris J Brown, Andres Metspalu, Bruce M. Psaty, Louise V Wain, Paul Elliott, Mark J Caulfield.

Web resources

CellxGene, <https://cellxgene.cziscience.com/datasets>
Epigenomics Roadmap Chromatin Segmentation, <https://egg2.wustl.edu/roadmap/data/byFileType/chromhmmSegmentations/ChmmModels/coreMarks/jointModel/final/>
Epilogos, <https://epilogos.altius.org/>
EpiMap, https://cboix.shinyapps.io/epimap_vis/
FUMA, <https://fuma.ctglab.nl/>
GeneCards, <https://genealacart.genecards.org>
gnomAD, <https://gnomad.broadinstitute.org>
GTEx project (v8) portal, <https://gtexportal.org/home/>
KEGG database, <https://www.genome.jp/kegg>
OMIM, <https://www.omim.org/>
Open Targets, <https://genetics.opentargets.org/>
Promoter Capture Hi-C, <http://www.3div.kr>
VEP, https://grch37.ensembl.org/Homo_sapiens/Tools/VEP

Data and code availability

The published article includes all datasets generated or analyzed during this study.

Supplemental information

Supplemental information can be found online at <https://doi.org/10.1016/j.ajhg.2023.08.009>.

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Author contributions

S.v.D., J.R., W.J.Y., C.G.B., A.P.M., and P.B.M designed the study. S.v.D., J.R., W.J.Y., K.J.O., F.A., M.J.A.Y.A., C.G.B., A.P.M., and P.B.M. performed analyses. S.v.D., J.R., W.J.Y., C.G.B., A.P.M., and P.B.M. drafted the manuscript. All authors provided critical revisions.

Declaration of interests

The authors declare no competing interests.

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